



The Power of Positive Thinking

Norman Vincent Peale

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240 pages

Revue de presse

"This book had an amazing impact on my life." (*Daily Express*) Présentation de l'éditeur

Gives the following message: If you believe that the power of God within you is equal to any of life's difficulties, then a rewarding life will be yours. According to the author, we are what we think. We feel what we want. Whatever the mind expects, it finds. We can be positive or negative, enthusiastic or dull, active or passive. The key lies in making a start. A start with positive speaking. The start is like all beginnings: first a child, then an adult, first kindergarten, then ultimately the university, first a duffer, then an accomplished golfer. So the person who deeply desires to be rid of negative thought habits and become a positive thinker must humble himself to the status of a beginner, as a music student starts with finger exercises. Speak in Positives. The first step is a simple one: stop speaking in negatives or in an indifferent, lukewarm way. Instead, begin to speak in positives. How we speak has a profound determination on how we think. Choose to be Happy. As you awaken, say aloud: 'I have two choices for this day; to be happy or to be unhappy and I choose to be happy.' Remember this important fact, that the mind will ultimately obey all your commands when spoken firmly and authoritatively. Affirm the Good. Look for every opportunity during the day to speak the good word; to say something hopeful and optimistic to everyone you contact. Insert a positive into all conversations. To sum up, speak always in positive terms, never talk negatively or in a half-hearted way, for in so doing you tend to develop negativism in your thoughts. By the process of positive speaking you will, in time, become a positive thinker. Quatrième de couverture

Believe in yourself! Have faith in your abilities! With sound self-confidence you can succeed.

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